



MICKEY'S MEALS

Entree Lunch

Sumac Spiced Butternut Squash and Chicken

Roast chicken, sumac roasted butternut squash, lime/yogurt sauce, balsamic reduction and topped with fried prosciutto

Seared flank steak with tiger sauce, potato pie

Salt and pepper flank steak, tomato/ginger tiger sauce, layered potato pie

Kumera and Prawn Fritters (or pulled pork)

Shredded sweet potato and prawn chunks bound with eggs and fried in cakes. served with spicy tomato relish

Thai beef salad

Rare beef, cilantro, mint, cashew nuts, sesame seeds, rice noodles, fish sauce/ lime dressing

Char Suish Pork belly Bahn mi

Chinese 5 spice and beetroot braised pork belly, cilantro, pickles, lettuce, mint spiked mayo, sweet soy, fresh baguette

Sticky Chicken and Date stir fry

Chicken thigh, dates, green onion, soy, sambal and peanuts. Served over rice

Candied Bacon BLT with lemon and parsley mayo

Sambal/maple bacon, avocado, lettuce, sliced tomato, ciabatta bun, parsley/lemon mayo

Fresh Ramen Noodles with cilantro peanut and tamarind dressing

Shredded chicken, Fresh noodles served cold with peanut, cilantro, tamarind and lime dressing, topped with pickled onion, fresh herbs and fried shallot, sweet soy.

Fried rice with chinese sausage and cashew nuts

honey/soy chicken, Jasmine rice, egg, cashew nut, carrot, corn, Chinese sausage, seasoned with sesame oil and soy

Bacon Wrapped Chicken Thigh

Stuffed with herbs, spinach and cheese, served on cauliflower puree and red pepper romesco sauce.

Gyro plate

Chicken (half seasoned half plain), rice, yogurt / cucumber sauce, pita bread

Tabouli - couscous , tomato, lemon , herbs, spinach

Hawaiian BBQ plate

.sesame soy chicken, pineapple pulled pork, rice - seasoned with togarashi, roasted sweet potato

Japanese Noodle plate

.Braised ginger/garlic chicken, seared egg noodles, White rice, japanese bbq sauce - soy sugar, vinegar, spices

‘Everything’ Chicken Pasta Salad

. ‘Everything bagel’ seasoned chicken, penne pasta, basil and garlic pesto, green beans, peas, spinach, red pepper strips, balsamic, olive oil and parmesan.

*Pasta and salad served pre mixed

Build Burrito Plate

Spiced chicken thigh, .pinto beans, cilantro rice, diced,tomatoes, avocado creama , shredded colby cheese, hot sauce, limes, large flour tortillas

Entree Dinner

Chicken & Bacon Pie

Chicken, bacon, tarragon pie filling topped with puff pastry.

Beef & Rosemary Pie

Beer and beef cubes braised with onion, garlic and rosemary topped with puff pastry.

Spicy, Punchy Short Ribs

Thin sliced short ribs caramelized on the grill and braised with soy, pear and ginger.

Nandos Chicken Sliders

Slider buns, stuffed with nandos pulled chicken (spicy), pickled cucumber and onion.

Shreddy Beef Sliders

Slider buns, Pulled beef, giardiniera and mozzarella.

Mac n Cheese with crumbed chicken and honey sriracha

Classic american cheese sauce and mac, with everything bagel chicken bites and honey sriracha sauce.

Chinese Dry fried Noodles

Soy and garlic braised chicken, dry fried noodles with onion and carrot.

The celebration meal

Beef tenderloin, scallops, lamb lollipops, layered potato pie.

Paella

Arborio Rice, chicken, mushroom, zucchini and onion.

Crumbed Chicken Schnitzel

Panko and miso baked chicken, miso mashed potato and chicken gravy.

Risotto

Risotto with toasty mushrooms and green peas, served with sliced chicken and apple sausage.

Chicken Curry

Butter Chicken curry, with rice and naan bread.

Kofta

Middle east spiced chicken kofta, cilantro/ coconut milk sauce. Served with turmeric rice.

Chicken Piccata

Chicken thigh with capers, garlic, lemon served with spaghetti and dinner rolls.

Spaghetti and Meatballs

Beef and rosemary meatballs, alla vodka stained pasta with pesto bread crumbs.

BBQ Chicken

Hickory smoked chicken and hasselback potatoes with tomato salsa and confit garlic aioli.

Chicken & noodles with red and white sauce

Roasted chicken, spaghetti noodles, red sauce - tomato, garlic, basil, bechamel sauce and parmesan.

BBQ

Smoked chicken quarters, pork sausage) pickled cucumber, pickled carrot, potato salad, tomato baked beans, white bread, BBQ sauce.

Chopped Beef Sandy (or chicken)

Slow cook and pulled beef shoulder, salt and Pepper roasted chicken, giardiniera, muenster cheese, hoagie buns, mayonnaise, mustard.

Veges**Pacific Leaf Salad**

Mixed leaf, mango, bell pepper, cucumber, tamari/honey dressing.

Asian slaw

Cabbage, apple, carrot, fried shallots, ginger/miso dressing.

Big Broccoli Salad

Broccoli, bacon, green onion, pickled red onion, red wine vinegar and mustard dressing.

Caesar Salad

Romaine lettuce, croutons, house made anchovy/yogurt caesar dressing.

Marinated Cucumber Salad

Cucumber, carrot and mint with sesame/rice wine dressing.

Marinated Pepper Salad

Diced pepper, jalapeno, carrot, onion dressed in vinegar and oil.

Garden Salad

Mixed leafs, orange segments, cherry tomato, balsamic vinegar dressing.

Poppyseed Salad

Mix leafs, dried cranberries, pepitas with greek yogurt/poppyseed dressing.

Charred Cabbage

Braised cabbage - mustard and red wine vinegar.

Blanched Bok Choy and oyster sauce.

Blanched Asparagus w/ parm and fresh cracked black pepper.

Toasted Courgette with tamari/ ponzu and sesame seeds.

Buttermilk Ranch Slaw

Cabbage, carrot, onion, buttermilk/ranch dressing.

Shredded Lettuce/Spinach

Fresh Fruit

Power Smoothies

- Berry, pomegranate, vanilla protein.
- Mango, turmeric, greek yogurt.
- Peanut butter, almond milk, chocolate protein.

Breakfast**Bacon and Egg Pie**

Bacon, egg and potato slices topped with puff pastry and served with spicy tomato chutney.

Breakfast Bagel

Bacon, egg and cheese or turkey, egg and cheese breakfast bagel.

Parfait

Macerated fruit, greek yogurt, honey/oat granola, dried cranberries.